



MEDIA RELEASE FOR IMMEDIATE RELEASE

Monday, 18 July 2022

For attention All Editors and Journalists

DSAC HOSTS JUNIOR DIPAPADI IN CELEBRATING INTERNATIONAL MANDELA DAY

The Limpopo Department of Sport, Arts and Culture will join the rest of the international community in celebrating Mandela Month through Junior Dipapadi- a flagship programme of the department. The games are aimed at promoting effective children movement, healthy and balancing lifestyle, to promote children participation in sporting initiatives that impact on their lives, sensitise society to national norms and standards that aim to improve the quality of a child's life.

The games provide physical, active play for children and at the same time lays a foundation in sport. The Department says children who are deprived of a wide variety of movement run a risk of perceptual and motor impairment. The games assist kids to realise their full potential and that can happen if they are exposed to physical activities at a very young age.

The games are part of marking Nelson Mandela International Day by making a difference in the community of junior sport. The games will further showcase that the young champions have the ability and the responsibility to change their junior world for the better through sport. Mandela Day is an occasion for all to act and inspire change on the 18th of July every year.

The Junior Dipapadi Games will be held as follows:

Date	: 19 July 2022
Venue	: Lulekani Stadium, Ba-Phalaborwa Municipality Mopani District
Time	: 09H00

The activities for the day include bag race, egg race, bottle race, peg race, water bottle race, tug of war, riverbank, and balancing.

For more information and interviews arrangements, please contact Lucky Tshilimandila 082 222 2930 MECMLO@sac.limpopo.gov.za. or Jermina Kaka 082 560 7197/(015) 284 4321 kakaj@sac.limpopo.gov.za

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